

4 th annual meeting

California Association of Long Term Care Medicine



Innovation and Collaboration in Post-Acute and Long-Term Care

## Pre-Conferences:

Thursday, May 17 (Details on Page 2.) Collaborative Medicolegal Summit: Strange Bedfellows

Friday, May 18 (Details on Page 3.) Best Practices Summit

Omni Los Angeles Hotel at California Plaza 251 S. Olive Street, Los Angeles, CA 90012







## Stronger & Smarter:

Innovation and Collaboration in Post-Acute and Long-Term Care

## PROGRAM INTRODUCTION

CALTCM is dedicated to improving the lives of the providers and patients of the California Post-Acute and Long-Term Care (PA/LTC) community. This year's Annual Meeting continues this commitment.

The Annual Meeting begins with a strategically scheduled full day of teamfocused, active-learning sessions, intended for the entire IDT on Friday, with morning featuring Best Practices from throughout California who were identified as having the best practices in the state - great ideas you can implement in your practice. Friday afternoon is an active adult learning session focused on making our work environments safer and more enjoyable through collaboration and culture change. Saturday is clinical and management focused - featuring hot topics, deep-dives into managing complex patients, problem-solving Q&A sessions and panel discussions with the experts, as well as updates on the regulatory landscape.

CALTCM is pleased to bring you two pre-conferences this year to fill all your education needs. Come and join us, the California Long-Term Care community is stronger and smarter when we work together.

## TARGET AUDIENCE

Physicians, advanced practice nurses, gero-psychiatrists, pharmacists, licensed nurses, administrators, and other members of the interdisciplinary team who care for patients and residents in PA/LTC.

## LEARNING OBJECTIVES

By participation in the annual meeting, participants will have the ability to:

- 1. Characterize elder abuse and recognize practices to appropriately manage current and future risks;
- 2. Define methods to improve the collaborative culture of your facility for achieving success for future improvement projects;
- 3. Apply updates in caring for medically complex patients in the context of new CMS regulations;
- 4. Define practices to improve patient centered care using anticipatory care models for palliative and hospice care.

## PRE-CONFERENCE: COLLABORATIVE MEDICOLEGAL SUMMIT: STRANGE BEDFELLOWS

## THURSDAY, MAY 17, 2018

## PROGRAM OVERVIEW

This novel evening pre-conference will feature lively discourse among experienced plaintiff and defense attorneys, with oral arguments in sample cases covering both civil and regulatory matters. Attendee participation from physicians, attorneys, nurses, administrators and other professionals will be heavily featured. Practical, real-world tips will be shared to improve quality of care, communication, and documentation, thereby reducing bad outcomes and liability exposure. The importance of expert testimony in pursuing or defending these cases will be explored, including recommendations for those serving as expert witnesses or consultants.

## PRE-CONFERENCE LEARNING OBJECTIVES

At the completion of this training participants will be able to:

- 1. Describe the elements of a professional negligence, medical malpractice, or elder abuse cause of action, and common themes and theories of nursing home litigation.
- 2. Assess the merits of a nursing home lawsuit and/or regulatory action, including strengths and weaknesses of specific claims.
- 3. Recognize and address pitfalls in nursing home practice to improve care processes, communication and documentation.
- 4. Express the essential features of a qualified expert witness in nursing home civil or regulatory matters.

## PRE-CONFERENCE SCHEDULE

5:30 P.M.	Registration & Networking		
6:00 P.M.	Welcome & Introductions Objectives for the evening		
6:10 P.M.	The Elements of an Elder Abuse Lawsuit William Wilson, Esq.		
6:25 P.M.	Elder Abuse Case Discussion 1: Antipsychotics/Aspiration Pneumonia; William Wilson, Esq., William Artigliere, Esq., and Karl Steinberg, MD, CMD, HMDC		
7:30 P.M.	Break & Networking		
7:50 P.M.	Elder Abuse Case Discussion 2: Fall / Fracture / Unsafe Transfer Wendy Coulston, Esq., Kim Valentine, JD and Karl Steinberg, MD, CMD, HMDC		
9:00 P.M.	Elder Abuse Panel Discussion / Q & A William Wilson, Esq., Wendy Coulston, Esq., William Artigliere, Esq., Kim Valentine, JD and Karl Steinberg, MD, CMD, HMDC		
9:30P.M.	Adjourn		

## PRE-CONFERENCE: BEST PRACTICES SUMMIT

## FRIDAY, MAY 18, 2018

## PROGRAM OVERVIEW

This pre-conference serves as a platform for sharing and disseminating best practices in long-term care. Implementing the five best practices with proven results will help spread innovation throughout the long-term care community. Experienced coaches will work with the attendees to develop action plans supplemented with structured coaching to foster sustainable adoption of these best practices.

## PRE-CONFERENCE LEARNING OBJECTIVES

At the completion of this training participants will be able to:

- 1. Describe best practices on managing chronically ill patients;
- 2. Articulate objectives and identify metrics to measure an implementation plan;
- 3. Identify barriers for implementation of best practices;
- 4. Develop a contingency plan to overcome barriers for implementation.

## PRE-CONFERENCE SCHEDULE

7:00 A.M.	Registration		
7:45 A.M.	Welcome and Introductions Dan Osterweil, MD, FACP, CMD; CEO and Past President, CALTCM		
7:50 A.M.	Introduction of Best Practices Presentations Introduction to the 2018 Best Practice Nominees		
8:00 A.M.	Presentation Session: Top 5 Best Practices of 2018		
	8:05 A.M Presentation 1 8:25 A.M Presentation 2 8:45 A.M Presentation 3 9:05 A.M Presentation 4 9:25 A.M Presentation 5		
9:45 A.M.	Break		
10:00 A.M.	How Can I Do What They Did? Panel Q&A Session Moderator: Heather D'Adamo, MD Panel: Best Practice Presenters		
10:30 A.M.	Choosing your Focus: Understanding Metrics Rebecca Ferrini, MD, MPH, CMD		
11:00 A.M.	Voting for the 2018 Best Practice Award		
11:10 A.M.	QAPI Bootcamp: Your Own Action Planning Activity Moderator: Heather D'Adamo, MD Facilitators: CALTCM Facilitators		

11:40 A.M. Closing Remarks and Evaluations

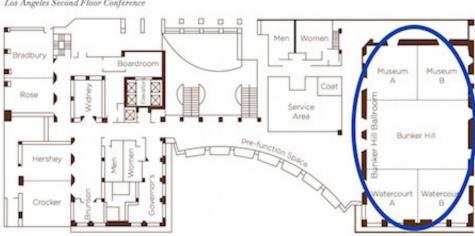
## ANNUAL MEETING PROGRAM SCHEDULE: STONGER & SMARTER: INNOVATION AND COLLABORATION IN PA/LTC

FRIDAY, MAY 18, 2018

- 11:00 A.M. **Registration/Exhibits Open**
- 11:45 A.M. Lunch Product Theater (No CME)
- 1:00 P.M. Welcome & Introductions
- **Opening Comments** 1:10 P.M.
- 1:15 P.M. Creating an Organization that People Want to Join; Moderator: Deb Bakerjian, PhD, APRN, FAAN, FAANP
- 2:50 P.M. Break/Exhibits
- 3:20 P.M. Promoting Relationships That Heal and Get Things Done; Moderators: Rebecca Ferrini, MD, MPH, CMD and KJ Page, RN-BC, LNHA
- 4:55 P.M. O & A Panel
- 5:30 P.M. **CALTCM Update**
- 6:00 P.M. **CALTCM Poster Session & Reception**
- 6:00 P.M. **Exhibits** Close
- 7:00 P.M. Dinner Product Theater (No CME)

## MEETING LOCATION

All events will be held on the second floor of the Omni Los Angeles Hotel at California Plaza. The General Session of the Annual Meeting and the Best Practice Summit will be held in the Bunker Hill/Museum Ballroom. The Collaborative Medicolegal Summit will be held in Watercourt. Breakfast, Lunch and Dinner events will be held in Watercourt.



Los Angeles Second Floor Conference

## ANNUAL MEETING PROGRAM SCHEDULE: STONGER & SMARTER: INNOVATION AND COLLABORATION IN PA/LTC

## CARING FOR COMPLEX PATIENTS

7:00 A.M.	Exhibits Open				
7:00 A.M.	Breakfast Product Theater (No CME)				
8:00 A.M.	Welcome				
8:05 A.M.	Diagnosis and Management of Dementia in PA/LTC Settings; Randall Espinoza, MD, MPH				
8:35 A.M.	Updates in Acute Stroke Management and What it Means for PA/LTC Patients; Michael Su, MD				
9:05 A.M.	Rehab Expectations for Common PA/LTC Situations; Lawrence S. Miller, MD, FACP				
9:30 A.M.	Q & A Session #1				
9:50 A.M.	Break/Exhibits				
10:20 A.M.	Antimicrobial Stewardship; Janice Hoffman, PharmD and Elizabeth Akhparyan, PharmD				
10:50 A.M.	Disaster Preparedness; Jocelyn Montgomery, RN				
11:20 A.M.	Update COPD; Michelle R. Zeidler, MD				
11:50 A.M.	Q & A Session #2				
12:10 P.M.	Break/ Exhibits				

## NAVIGATING THE HEALTHCARE SYSTEM: CARE OF CHRONICALLY ILL PATIENTS

12:15 P.M.	CALTCM Lunch: Leadership Award and Lecture (CME Event) CALTCM Awards (Best Practice & Poster Session Awards)		
1:25 P.M.	Regulatory & Policy Landscape; Alex Bardakh, MPP, PLC		
2:25 P.M.	Break/Exhibits		
2:55 P.M.	Overview of Palliative Care; Lisa Seo, MD		
3:15 P.M.	Decisional Capacity / Advance Care Planning; Paul Schneider, MD, FACP		
3:45 P.M.	Perspective from a Palliative Nurse Practitioner; Leah Morris, RN, FNP, MPH, MS		
4:05 P.M.	Perspective from the Hospice Team; Cindy Keenan		
4:20 P.M.	Panel Discussion: Parsing the POLST; Moderator: Vanessa Mandal, MD, MS, CMD; Panel: Lisa Seo, MD; Paul Schneider, M FACP; Leah Morris RN, FNP, MPH, MS; & Cindy Keenan.		
4:50 P.M.	Closing Comments/Evaluations		
5:00 P.M.	Adjourn		

## ANNUAL MEETING May 17 - 19, 2018



### 2018 CALTCM LEADERSHIP AWARD RECIPIENT



#### About the CALTCM Leadership Award

The CALTCM Leadership Award recognizes individuals who have demonstrated exceptional leadership and made outstanding contributions in the areas of education, practice, administration or policy in long-term care. Awardees are recognized for their exceptional leadership in their specific area that increases the visibility of important issues, creates solutions to significant problems, and positively impacts the overall quality of care in long-term care.

#### Timothy L. Gieske, MD, CMD

Dr. Gieseke had a general internal medicine practice in Santa Rosa until 2005 when he left his office practice to focus on Post-Acute and Long Term Care Medicine with emphasis on Geriatrics and Palliative Care. This move allowed more time for teaching and involvement with non-profits like the California Association of Long Term Care Medicine (CALTCM), AMDA, CCCC, and California Culture Change. He is an Associate Clinical Professor for the Sonoma County UCSF affiliated Family Medicine Residency where he provides mentoring in his geriatric clinic. He is a Medical Director for two facilities and a consultant for three additional facilities.

Dr. Gieseke was President of CALTCM from July 2005 to July 2007, and has been the Chair of the Education committee twice, completing his last term in April 2015. He continues on the BOD and has been the Treasurer for the last year. He was a member of the AMDA Public Policy committee for six years ending in 2014. He is a member of the POLST Physician Leadership Council and joined the BOD of the California Coalition for Person Centered-Care last September. He has remained active on the CALTCM Education committee and has presented at CALTCM and AMDA meetings and has been faculty for the INTERACT 2.0 workshops. He is also on the editorial panel for the CALTCM WAVE and is a frequent contributor.

#### HOTEL ACCOMMODATIONS

#### Omni Los Angeles Hotel at California Plaza

251 South Olive Street, Los Angeles, CA 90012

A special conference rate of \$219 per night for single or double occupancy plus applicable taxes is available to program participants. To make your reservation, please call Omni Hotel Reservations at 800-843-6664.

Identify yourself as a participant of the CALTCM Annual Meeting by using reference code "CALTCM2018" to receive the special conference rate. The reservation deadline is April 17, 2018. Reservations made after this date are subject to rate and space availability.

Please review the hotel cancellation policy prior to making your reservation. It is your responsibility to understand the policy and be accountable for any fees that may be incurred.

Please contact the Omni Los Angeles Hotel for parking fee details.

#### PROGRAM FACULTY

Our faculty is composed of a distinguished group of physicians, nurses, nurse practitioners, pharmacists, academicians, and other experts who will present topics highlighting new evidence-based care as well as care processes and procedures aimed at enhancing safe patient care practices in the long term care setting.

Elizabeth Akhparyan, PharmD PGY1 Geriatric Resident, Western University

William Artigliere, Esq. Partner, Garcia, Artigliere & Medby

#### Debra Bakerjian, Ph.D., APRN, FAAN, FAANP

Senior Director for NP/PA Clinical Education and Practice; Associate Adjunct Professor, Betty Irene Moore School of Nursing, UC Davis Health System

#### Alex Bardakh, MPP, PLC

Director, Public Policy & Advocacy at AMDA-The Society for Post-Acute and Long-Term Care Medicine

#### Wendy Coulston, Esq.

Attorney, LaFollette, Johnson, DeHaas Fesler & Ames

#### Randall Espinoza, MD, MPH

Clinical Professor, Department of Psychiatry and Biobehavioral Sciences Geffen School of Medicine at UCLA

#### Rebecca Ferrini, MD, MPH, CMD

Medical Director Edgemoor DP SNF, Behavioral Health Services, Health and Human Services Agency, County of San Diego

#### Janice Hoffman, PHARM.D., CGP, FASCP

Director, Postgraduate Residency Program, Jewish Home for the Aging; Associate Professor of Pharmacy, Practice and Administration, Western University of Health Sciences College of Pharmacy

#### **Cindy Keenan**

Area Director of Operations/Owner, Sojourn Hospice and Palliative Care, Sacramento

#### Vanessa Mandal, MD, MS, CMD

Post-Acute Care and Geriatric Consultation with Mercy Medical Group, Sacramento

Lawrence S. Miller, MD, FACP UCLA Clinical Professor of Medicine

Jocelyn Montgomery, RN Nurse Consultant

#### Leah Morris, RN, FNP, MPH, MS

Yolo Hospice and Yolo Care, Nurse Practitioner, Senior Health Policy Advisor

KJ Page, RN-BC, LNHA Administrator, Chaparral House

#### Paul L. Schneider, MD, FACP

Clinical Professor of Medicine, UCLA School of Medicine; Chairman, Southern California Bioethics Committee Consortium.

#### Lisa Seo, MD

Palliative inpatient and outpatient physician, Mercy Medical Group, Sacramento

#### Karl E. Steinberg, MD, CMD, HMDC

Chief Medical Officer, Mariner Health Care Central; Editor-in-Chief, Caring for the Ages; Chair, AMDA Public Policy Committee; President, Stone Mountain Medical Associates, Inc.

#### Michael Su, MD

Assistant Clinical Professor, UCLA Department of Neurology, California Rehabilitation Institute

Kimberly A. Valentine, Esq. Owner, Valentine Law Group

William C. Wilson, Esq. Partner, Wilson Getty LLP

#### Michelle R. Zeidler, MD

UCLA David Geffen School of Medicine Pulmonary and Critical Care Medicine

## ACCREDITATION STATEMENTS

#### CALTCM 44th Annual Meeting Accreditation Statement

#### Continuing Medical Education (CME)

California Association of Long Term Care Medicine is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

California Association of Long Term Care Medicine designates this Live activity for a maximum of 12 AMA PRA Category 1 Credit(s)<sup>M</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

This course complies with Assembly Bill 1195 Continuing Education: Cultural and Linguistic Competency.

#### American Board of Post-Acute and Long-Term Care Medicine (ABPLM) (formerly AMDCP)

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 10.75 management hours and 2.25 clinical hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit spent on the activity.

#### Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by the California Board of Registered Nursing (Provider #CEP-16690). This activity has been approved for up to 12 contact hours.

#### Nursing Home Administrators Program (NHAP)

This activity has been approved by the Nursing Home Administrator Program for up to 12.0 hours of NHAP credit. Course approval number: 1797012-6310.

## 2018 Pre-Conference - Collaborative Medicolegal Summit: Strange Bedfellows Accreditation Statement Continuing Medical Education (CME)

California Association of Long Term Care Medicine is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

California Association of Long Term Care Medicine designates this Live activity for a maximum of 3.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

This course complies with Assembly Bill 1195 Continuing Education: Cultural and Linguistic Competency.

#### American Board of Post-Acute and Long-Term Care Medicine (ABPLM)(formerly AMDCP)

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 3.5 management hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit spent on the activity.

#### Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by the California Board of Registered Nursing (Provider #CEP-16690). This activity has been approved for up to 3.25 contact hours.

#### Minimum Continuing Legal Education (MCLE) credit

An application has been submitted and determination of credit is pending.

#### Nursing Home Administrators Program (NHAP)

This activity has been approved by the Nursing Home Administrator Program for up to 3.0 hours of NHAP credit. Course approval number: 1797003-6308/P

#### 2018 Pre-Conference: Best Practice Summit

#### Continuing Medical Education (CME)

California Association of Long Term Care Medicine is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

California Association of Long Term Care Medicine designates this Live activity for a maximum of 3.75 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

This course complies with Assembly Bill 1195 Continuing Education: Cultural and Linguistic Competency.

#### American Board of Post-Acute and Long-Term Care Medicine (ABPLM)(formerly AMDCP)

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 3.75 TBD (clinical or management) hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit spent on the activity.

#### Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by the California Board of Registered Nursing (Provider #CEP-16690). This activity has been approved for up to 3.75 contact hours.

#### Nursing Home Administrators Program (NHAP)

This activity has been approved by the Nursing Home Administrator Program for up to 4.0 hours of NHAP credit. Course approval number: 1797004-6309/P

#### California Business & Professions Codes

This course meets multiple requirements of the California Business and professions Codes 2190–2196.5 for physician CME, including cultural competency and geriatric credits.

# th ANNUAL MEETING



#### REGISTRATION

#### **OPTION 1 (RECOMMENDED):**

For expedited processing and immediate confirmation, visit our convenient and secure website at www.caltcm.org to register for the Annual Meeting today! You may also renew your membership or become a new member and instantly save on registration fees.

OPTION 2: Mail completed registration form to CALTCM Executive Office, P.O. Box 800371, Santa Clarita, CA 91380. Make checks payable to CALTCM.

OPTION 3: Fax completed registration form to (855) 793-2226 or call (888) 332-3299 Option 1 to register by phone.

44 <sup>™</sup> ANNUAL MEETING REGISTRA	ATION: MAY	17-19, 2018						
EXCLUSIVE MEMBER RATES		NON-MEMBER RATES						
D Physician (SAVE \$200)	\$359	Physician	\$559					
□ Non-Physician (SAVE \$175)	\$289	□ Non-Physician	\$464					
□ Pre-Con: Medicolegal Summit	\$250/175	□ Pre-Con: Medicolega	al Summit\$300/200					
□ Pre-Con: Best Practice Summit	\$50	Pre-Con: Best Practio	ce Summit\$75					
* Facilities sending three+ attendees will receive a \$25 discount per attendee. Attendees MUST register together, otherwise individual rates apply. One day rates available online.								
Sign Me Up: I want to become a CALTCM Member today and save!								
CALTCM ANNUAL MEMBERSHIP F	RATES							
<ul> <li>Physician</li> <li>Clinical Affiliate</li> <li>Retired Physician / Students</li> <li>Facility Rate**</li> <li>** Facility rate includes three (3) individuals: o may be added at \$75 each. Each individual r</li> </ul>	\$125 \$100 \$300 ne (1) Medical D							
Name (First, Middle Initial, Last)	Degree(s)	Orga	nization/Affiliation					
Address	City	State	e ZIP Code					
Daytime Phone Number	FAX Number	E-Ma	il Address (Required)					
VISA/Mastercard/Discover/American Express		Expir	ration Date (MM/YY)					

Authorization Signature