



49th ANNUAL MEETING

CALTCM
California Association of Long Term Care Medicine

CALTCM *Summit for Excellence*

November 2 - 4, 2023

The CALTCM Annual Meeting curriculum is designed to engage and benefit all members of the interdisciplinary team and administrative leadership.

Earn up to 20.0 hours of continuing education credits, see accreditation statement for complete details.

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November 2-4, 2023

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CALTCM Summit for Excellence:

Elevating Resident and Facility Outcomes Through Person-Centered Care Excellence Through Person-Centered Care

PROGRAM INTRODUCTION

Discover the future of post acute & long term care excellence at CALTCM's 49th Annual Meeting, the 2023 CALTCM Summit for Excellence. Join us for a transformative journey with cutting-edge education, collaborative networking, and advanced practices. Elevate your care practices and be a vital part of shaping the future of post acute & long term care.

Our Annual Meeting serves as a dynamic platform for networking and learning, bringing together thought leaders, clinicians, educators, and advocates dedicated to enhancing the quality of care in long-term care facilities. With engaging speakers, interactive and informative sessions, attendees gain invaluable insights into the latest advancements, best practices, and emerging trends in the industry.

This event offers 20.0 hours of continuing education hours, including CME, ABIM MOC, BRN, & more. New in 2023, select sessions will offer Pharmacy credit!

Register today to unlock a world of possibilities.

TARGET AUDIENCE

Physicians, advanced practice nurses, gero-psychiatrists, pharmacists, licensed nurses, administrators, and other members of the interdisciplinary team who care for patients and residents in post acute and long term care.

LEARNING OBJECTIVES

By participating in the annual meeting, participants should be able to:

1. Define concepts, methods, and best practices to incorporate and/or improve person-centered care in the post-acute and long-term care (PALTC) setting;
2. Advance administrative and care practices to deinstitutionalize the LTC environment and improve emotional, social, spiritual, and environmental well-being for residents.
3. Identify treatment updates related to common medical diagnoses and medications prescribed in PALTC communities;
4. Employ best care practices in supporting the mental wellbeing of LTC residents and address substance use and mental health conditions;
5. Characterize trends in medicolegal and regulatory actions, and implement practices to improve quality of care while appropriately recognizing and managing current and future risks;
6. Describe policy and regulatory updates and common clinical and regulatory issues faced by PALTC practitioners.

REASONS TO ATTEND

CALTCM's Annual Meeting focuses on getting the right professionals engaged in the right conversations that help post-acute and long-term care professionals:

- Stay current on best practices to be the driver of quality, patient safety and person-centered care,
- Keep ahead of compliance needs across the continuum of care,
- Learn ways to recruit for and optimize performance of their interdisciplinary teams, and
- Engage in dialogue related to risk management and overall corporate strategy.

LOCATION

Sheraton Universal Hotel

333 Universal Hollywood Drive, Universal City, CA, 91608-1001

A special conference rate of **\$259** per night for single or double occupancy plus applicable taxes is available to program participants. Room block is on a first come, first served basis. To reserve your room, please call Marriott Hotel Reservations at (888) 627-7186 or (800) 325-3535. Identify yourself as a participant of the California Association of Long Term Care Medicine 2023 CALTCM Summit for Excellence to receive this special conference rate. The reservation deadline is **October 12, 2023**. Reservations in the group room block are subject to rate and space availability. Please review the hotel cancellation policy prior to making your reservation. It is your responsibility to understand the policy and be accountable for any fees that may be incurred.

THURSDAY, NOVEMBER 2

PROGRAM AGENDA

- 12:00 PM Registration & Exhibits Open
- 1:00 PM Welcome & Introductions to the CALTCM Summit for Excellence
- 1:15 PM CALTCM: Navigating the Current Landscape and Opportunities in PALTC; Janice Hoffman-Simen, PharmD, EdD, APh, BCGP, FASCP
- 1:30 PM Conflict Resolution; Rebecca Ferrini, MD, MPH, CMD; Janice Hoffman-Simen, PharmD, EdD, APh, BCGP, FASCP; and Michael R. Wasserman, MD, CMD
- 2:45 PM Psychosis in Dementia; Jay Luxenberg, MD
- 3:45 PM Break (30 Minutes)
- 4:15 PM Evidence Based Practice: Social & Spiritual Healthy Aging for Happy Centenarians; Seyed Ahmad Sajjadi, MD, PhD
- 5:00 PM In-The-Trenches: Topics and Speakers
1. Conflict Resolution & Bullying; Michael Wasserman, MD
 2. Aggression & Combativeness in Dementia; Jay Luxenberg, MD
 3. Ask Me Anything: Clinical Quandaries; Program Faculty
 4. Best Practices for Staff Retention; Rebecca Ferrini, MD, MPH, CMD
- 5:45 PM Adjourn

Medicolegal Summit: A Mock Trial

- 6:15 PM Welcome to the CALTCM Medicolegal Summit; Moderator Karl Steinberg, MD, CMD, HMD
- 6:20 PM Understanding Nursing Home Litigation; Program Faculty
- 6:45 PM Case Discussion #1; Stephen Aherne, Esq.; Ben Ikuta, Esq.; Sean O'Neill, Esq.; and Spencer A. Stein, Esq.
- 8:00 PM Break (15 Minutes)
- 8:15 PM Case Discussion #2; Stephen Aherne, Esq.; Ben Ikuta, Esq.; Sean O'Neill, Esq.; and Spencer A. Stein, Esq.
- 9:30 PM Adjourn

FRIDAY, NOVEMBER 3

PROGRAM AGENDA

- 7:30 AM Registration/Exhibits Open
- 8:00 AM Welcome & Introductions
- 8:05 AM Presentation of the 2023 Dan Osterweil Outstanding Leader in Post Acute and Long Term Care Award; Award Recipient: Charlene Harrington, Ph.D., RN
- 8:25 AM Keynote: The Future of Medicine: Advances in Technology (ChatGPT); Ethan Watters
- 9:10 AM Person-Centered Care: Deinstitutionalize Your Facility; Keith Savell, PhD
- 9:45 AM Break/Exhibits (30 Minutes)
- 10:15 AM Osteopathic Manipulative Medicine: Interventions for Common SNF Conditions; Raymond J. Hrubby, DO, MS, FAAO
- 11:15 AM Best Practices in PALTC: Discovering the Latest Trends and Innovations; Rebecca Ferrini, MD, MPH, CMD
- 11:50 AM Break/Exhibits
- 12:00 PM Product Theater: (No CME) Lunch Break (45 Minutes)
- 1:00 PM Antipsychotic Use in LTC: Why & Why Not?
George Woods, MD, LFAPA and Glen Xiong, MD, CMD
- 1:45 PM In-The-Trenches: Topics and Speakers
1. Ask Me Anything: Clinical Quandaries; Glen Xiong, MD, CMD and George Woods, MD, LFAPA
 2. Ask Me Anything: Stump the Medical Director; Rebecca Ferrini, MD, MPH, CMD and Karl Steinberg, MD, CMD, HMDC
 3. Making it Feel Like Home: Person-Centered Care Initiatives; Keith Savell, PhD
 4. Personal Wearables & ChatGPT; Ethan Watters
 5. Billing and Coding; Alex Bardakh, MPP
- 1:55 PM In-The-Trenches: Round 1 (Topics & Speakers noted above.)
- 2:40 PM In-The-Trenches: Round 2 (Topics & Speakers noted above.)
- 3:25 PM Break/Exhibits (35 Minutes)
- 4:00 PM Federal Regulatory Updates; Alex Bardakh, MPP
- 4:45 PM California Regulatory Updates; Michael R. Wasserman, MD, CMD
- 5:15 PM Poster Session: & Cocktail Reception
- 6:30 PM Product Theater: (No CME) Dinner Break
- 7:30 PM Adjourn

SATURDAY, NOVEMBER 4

PROGRAM AGENDA

- 7:30 AM Exhibits Open & Coffee Break
- 8:00 AM Welcome & Introductions
- 8:10 AM Presentation of the CALTCM Excellence in Education Award
Award Recipient: Dolly Greene, RN, BSN, CIC
- 8:30 AM Substance Abuse, Alcohol, and Opioids; Huy Ngo, MD
- 9:15 AM New Drugs: A 2023 Update;
Janice Hoffman-Simen, Pharm.D., EdD, APh, BCGP, FASCP
- 10:00 AM Break (30 minutes)
- 10:30 AM Beers Update; Janice Hoffman-Simen, Pharm.D., EdD,
APh, BCGP, FASCP and Aida Oganessian, PharmD
- 11:20 AM Are Illegal Drugs Good For the Elderly? Reviewing
the "Fun" Drugs; Cari Levy, MD
- 12:05 PM Break/Exhibits
- 12:15 PM Product Theater: (No CME) Lunch Break (45 Minutes)
- 1:10 PM Presentation of the CALTCM Poster Session Awards
- 1:20 PM Managing Parkinson's; Indira Subramanian, MD
- 2:05 PM In-The-Trenches / Topics and Speakers
1. "Recreational" or Therapeutic Use of Mind-Altering Substances ;Cari Levy; MD
 2. Diabetes Management: Practice Makes Perfect; Mai-Khanh Nguyen, Pharm.D.
 3. Ask a Neurologist about Parkinson's; Indira Subramanian, MD
 4. Beers v. Beer in Nursing Homes; Janice Hoffman-Simen, Pharm.D., EdD, APh, BCGP, FASCP and Aida Oganessian, PharmD
 5. Substance Use Disorder In PALTC; Huy Ngo, MD
- 2:10 PM In-The-Trenches Session (Topics & Speakers noted above.)
- 2:50 PM Applying the Pearls from the 2023
CALTCM Summit for Excellence
- 3:20 PM Adjourn

PROGRAM FACULTY

Our faculty is composed of a distinguished group of physicians, nurses, nurse practitioners, pharmacists, academicians, and other experts who will present topics highlighting new evidence-based care as well as care processes and procedures aimed at enhancing safe patient care practices in the long term care setting.

Stephen Aherne, Esq. Associate, Wilson Getty LLP; San Diego, CA

Alex Bardakh, MPP, PLC Senior Director Advocacy and Strategic Partnerships, AMDA; Columbia, MD

Rebecca Ferrini, MD, MPH, CMD Medical Director, Edgemoor DP SNF, Behavioral Health Services; Health and Human Services Agency, County of San Diego, CA; San Diego, CA

Janice Hoffman-Simen, PharmD, EdD, APH, BCGP, FASCP Director, Postgraduate Residency Program, Jewish Home for the Aging; Associate Professor of Pharmacy Practice and Administration; Western University of Health Sciences College of Pharmacy; Moorpark, CA

Raymond J. Hruba, DO, MS, FAAO (Dist) Professor, Department of NMM/OMM Western University of Health Sciences College of Osteopathic Medicine of the Pacific; Pamon, CA

Benjamin Ikuta, Esq. Partner, Ikuta Hemesath LLP; Santa Ana, CA

Cari Levy, MD, PhD, CMD Division Head, Geriatric Medicine, University of Colorado; Aurora, CO

Jay S. Luxenberg, MD Geriatrician-at-Large; Clinical Professor, School of Medicine, University of California, San Francisco; San Rafael, CA

Huy Ngo, MD Medical Director, Special Populations & Transitions of Care, Santa Clara Valley Healthcare; San Jose, CA

Mai K. Nguyen, Pharm.D. Clinical Pharmacist, Edgemoor Hospital; Santee, CA.

Sean O'Neill, Esq. Partner, Trial Lawyer, Stalwart Law Group; West Hollywood, CA

Aida Oganessian, PharmD, BCGP, APH Director of Pharmacy, Los Angeles Jewish Home; Reseda, CA

S. Ahmad Sajjadi, M.D., Ph.D, MRCP Associate Professor of Neurology, Chief of Memory Disorders Division, University of California, Irvine; Irvine, CA

Keith Savell, PhD Chief Executive Officer, Geriatric Healthcare Consultants; Chief Operating Officer, Mariposa Training; Oakland, CA

Spencer A. Stein, Esq. Associate, William Getty LLP; San Diego, CA

Karl E. Steinberg, MD, CMD, HMDC Past-President of AMDA: The Society for Post-Acute and Long-Term Care Medicine; Chief Medical Officer, Mariner Health Care and Beecan Health; San Diego, CA

Indira Subramanian, MD Clinical Professor, Neurology, University of California, Los Angeles; Westwood, CA

Michael Wasserman, MD, CMD Geriatrician; CALTCM Immediate Past-President; Los Angeles, CA

Ethan Watters Author & Futurist; Head of Story, Attention Span Media; San Francisco, CA

George Woods, MD, LFAPA Chief Scientific Officer, Crestwood Behavioral Health; Sacramento, CA

Glenn Xiong, MD, CMD Clinical Professor (VCP), University of California Davis School of Medicine, Department of

ACCREDITATION STATEMENTS

2023 CALTCM Summit for Excellence Accreditation Statement



Continuing Medical Education (CME)

California Association of Long Term Care Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The California Association of Long Term Care Medicine designates this Live activity for a maximum of 20.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course complies with Assembly Bill 1195 Continuing Education: Cultural and Linguistic Competency.

American Board of Post-Acute and Long-Term Care Medicine (ABPLM)

This CME activity has been submitted to ABPLM for review and approval.

American Board of Internal Medicine MOC Statement

Successful completion of this activity enables the participant to earn 20.0 Practice Assessment points [and patient safety, medical knowledge, MOC credit] in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the sponsor's responsibility to submit participant completion information to ABIM for the purpose of granting the MOC points.



Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by the California Board of Registered Nursing (Provider #CEP-16690). This activity has been approved for up to 20.0 contact hours.

Nursing Home Administrators Program (NHAP)

This activity has been submitted to the Nursing Home Administrator Program for review.

California Business & Professions Codes

This course meets multiple requirements of the California Business and Professions Codes 2190–2196.5 for physician CME, including cultural competency and implicit bias.

Accreditation Statement will be updated as needed.

Updated 09/26/2023.

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REGISTRATION

OPTION 1 (RECOMMENDED):

For expedited processing and immediate confirmation, please visit our convenient and secure website at www.caltcm.org to register for the 2023 CALTCM Summit for Excellence today. For ease, please find the following direct registration link to reserve your seat today: <https://caltcm.memberclicks.net/annual-meeting-registration-2023> Renew your membership or become a new member to instantly save on registration fees.

OPTION 2: Mail completed registration form to the CALTCM Executive Office at the following address: PO Box 800371, Santa Clarita, CA 91380. Make checks payable to CALTCM.

OPTION 3: Fax completed registration form to (855) 793-2226 or call (888) 332-3299 Option 1 to register by phone.

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EXCLUSIVE MEMBER RATES

- Physician (SAVE \$70)\$479
- Non-Physician (SAVE \$130)\$419

NON-MEMBER RATES

- Physician\$549
- Non-Physician\$549

* Facilities sending three+ attendees will receive a \$25 discount per attendee. Attendees MUST register together, otherwise individual rates apply. Fellow & Student (All Disciplines) rate: \$95. Scholarships available.

Sign Me Up: I want to become a CALTCM Member today and save! YES NO

CALTCM ANNUAL MEMBERSHIP RATES

- | | | |
|--|--------------------------|----------|
| <input type="checkbox"/> Physician\$150 | Subtotal | |
| <input type="checkbox"/> Clinical Affiliate\$125 | Membership Fee | \$ _____ |
| <input type="checkbox"/> Retired Physician / Students\$100 | Registration Fee(s) | \$ _____ |
| <input type="checkbox"/> Facility Rate**\$300 | TOTAL AMOUNT DUE: | \$ _____ |

** Facility rate includes three (3) individuals: one (1) Medical Director and two (2) facility personnel. Additional members may be added at \$75 each. Each individual must complete a separate membership form.

Name (First, Middle Initial, Last) Degree(s) Organization/Affiliation

Address City State ZIP Code

Daytime Phone Number FAX Number E-Mail Address (Required)

VISA/Mastercard/Discover/American Express Expiration Date (MM/YY) / CVC

Name as it appears on card (Print clearly) Authorization Signature