Earn up to 18* AMA PRA Category 1 Credit(s)™
See page 3.

52nd ANNUAL MEETING

CALTCM
California Association of Long Term Care Medicine

CALTCM
Summit for Excellence

September 24-26, 2026
Paradise Point
San Diego, CA

CALTCM promotes quality patient care across the long-term care continuum through medical leadership and education.

2026 CALTCM Summit for Excellence

September 24-26, 2026

Paradise Point, San Diego, CA

The 2026 CALTCM Summit for Excellence is California's premier educational conference for post-acute and long-term care (PALTC) professionals, bringing together nationally recognized experts, innovative educators, and interdisciplinary leaders to address today's most pressing clinical, regulatory, operational, and leadership challenges. Through dynamic keynote presentations, interactive case discussions, hands-on "In-the-Trenches" sessions, a dedicated Medicolegal Summit, poster presentations, and enduring on-demand education, attendees will explore the latest advances in clinical care, artificial intelligence, quality improvement, behavioral health, inclusive care, regulatory compliance, and leadership.

Designed for physicians, advanced practice providers, pharmacists, nurses, administrators, and other healthcare professionals, the Summit delivers practical, evidence-based education that extends well beyond the classroom. Participants will return to their organizations with actionable solutions, new clinical insights, and proven strategies to improve resident outcomes, strengthen interdisciplinary collaboration, reduce risk, navigate California's evolving regulatory landscape, and lead meaningful change. Whether you are seeking the latest clinical updates, practical tools for everyday challenges, or opportunities to connect with colleagues committed to excellence in PALTC, the 2026 CALTCM Summit for Excellence provides the knowledge, inspiration, and professional network to help you elevate the care you deliver every day.

Target Audience: Physicians, advanced practice nurses, gero-psychiatrists, pharmacists, licensed nurses, administrators, and other members of the interdisciplinary team who care for patients and residents in PALTC.

Reasons to Attend: (Note: Bring 3 or more from your facility and save $$$!)

- CALTCM is the recognized voice of medical leadership in PALTC.
- The CALTCM Annual Meeting curriculum is designed to engage and benefit direct care practitioners - all members of the interdisciplinary & leadership team.
- CALTCM's Annual Meeting focuses on getting the right professionals engaged in the right conversations that help California-based PALTC professionals:
- Stay current on best practices to be the driver of quality, patient safety, and person-centered care,
- CALTCM recognizes that CMD-accreditation predicts higher quality of care for long-term care facilities (JAMDA, October 2009) and has intentionally designed its CME process to help Medical Directors achieve and maintain CMD-accreditation. For example, CALTCM CME credit segmentation is aligned with that of PALTmed CMD requirements. (i.e., Clinical Medicine and Medical Management segments).

2026 CALTCM Summit for Excellence
Accreditation Statement

Continuing Medical Education (CME)
The California Association of Long Term Care Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

California Association of Long Term Care Medicine designates this Blended Learning Activity for a maximum of 18.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Statement (ABIM)
Successful completion of this activity enables the participant to earn 18.0 Practice Assessment points [and patient safety / medical knowledge MOC credit] in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the sponsor's responsibility to submit participant completion information to ABIM for the purpose of granting the MOC points. (For attendees who request ABIM MOC credit: Attendee information will be shared with ABIM.)

Board of Registered Nursing (BRN)
The California Association of Long Term Care Medicine (CALTCM) is a provider approved by California Board of Registered Nursing, Provider #CEP16690. This activity has been approved for up to 18.0 contact hours.

Certified Medical Director (CMD)
This CME activity has been pre-approved by PALTmed toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine is indicated as CMD clinical or CMD management. Each physician should claim only those hours of credit actually spent on the activity. This course offers up to 11.0 Management hours and 7.0 Clinical hours for participating physicians.

National Association of Long Term Care Administrator Boards (NAB) (Live Program) This program has been approved for Continuing Education for 14.0 total participant hours by NAB/NCERS—Approval # 20270923-14-A123785-IN

Updated 08/03/2026

- *The course above meets multiple requirements of the California Business and professions Codes 2190–2196.5 for physician CME, including cultural competency and geriatric credits.*

2026 CALTCM Summit for Excellence
Program Agenda

On-Demand Sessions

CALTCM is proud to offer the following a*synchronous educational sessions. The following sessions will be available to annual meeting attendees prior to the Summit start. We highly encourage learners to complete these sessions prior to the Summit so they can engage with the speakers and peers on these topics during the live program.*

- **PTSD Identification & Treatment: A Patient Centered Approach;** *Jennifer Birdsall, Ph.D., ABPP*
- **Infection Prevention & Control: 2026 Updates;** *Dolly Greene, RN, BSN, CIC*
- **New Drugs in PALTC;** *Aida Oganesyan, PharmD, BCGP, APh*
- **LGBTQ Physician Training;** *Rebecca Ferrini, MD, MPH, CMD & Karl MD, CMD, HMDC, HEC-C*
- **Substance Use Disorder;** *Soraya Azari, MD*
- **CAHF Wrap Session: California Nursing Homes;** *Cassie Dunham*

Thursday, September 24

- 4:00pm **Welcome: Medicolegal Summit: Understanding Nursing Home Litigation;**
  - **Moderator:** *Karl Steinberg, MD, CMD, HMDC, HEC-C*
  - ***Legal Team: William Artigliere, Esq.; Colin Harrison, Esq., and Stanton J. Stock, Esq.***
- 4:30pm **Case Review: How To Be an Expert Witness? (Workgroup)**
- 5:30pm **Break**
- 5:45pm **Medicolegal Case Review**
- 7:15pm **Closing Comments & Adjourn**
- 7:15pm **President's Welcome Reception (Included in registration fee.)**

Friday, September 25

- 7:00am **Wellness Activity**
- 7:00am **Registration & Exhibits Open**
- 9:00am **Welcome to the 2026 CALTCM Summit for Excellence**
- 9:10am **Keynote: Artificial Intelligence in Healthcare: Implementation, Challenges, and Lessons Learned;** *Jared Silberlust, MD, MPH*
- 10:30am **Building a High-Performing Skilled Nursing Facility;** *Can Chen, MD, CMD*
- 1:10pm **Award Presentation**
- 1:30pm **Strengthening Clinical Practice Through Bias Awareness and Cultural Humility;** Kemi Reeves, DNP, MBA, GNP-BC

Program Agenda (continued)

CALTCM Summit for Excellence

Friday, September 25
Continued

- 2:40pm ***Federal Regulatory Updates;*** *Alex Bardakh, MPP, PLC*
- 3:30pm **HSAG's QAPI Bundle: A Playbook for Meaningful Improvement;** *Jennifer Wieckowski, MSG*
- 3:50pm **Q & A Panel Session**
- 4:00pm **Break**
- 4:20pm **In-The-Trenches: Topics & Speakers**
    - **1.) Artificial Intelligence to Solve Your Problems;** *Jared Silberlust, MD*
    - ***2.)*** **Communication Skills for Inclusive and Culturally Responsive Care;** *Kemi Reeves, DNP, MBA, GNP-BC*
    - **3.) The Triad of Power: DON, Admin, and Medical Director;** *Can Chen, MD, CMD*
    - **4.) Regulations in PALTC;** *Alex Bardakh, MPP, PLC and Jennifer Wieckowski, MSG*
    - **5.) Best Practices for Geriatric Disease: Renal, Heart Failure, & Diabetes;** *Meenakshi Patel, MD , FACP, MMM, CMD*
- 5:45pm **Leading the Future of PALTC: CALTCM 2026-2028 Board of Directors**
- 6:00pm **Poster Session & Cocktail Reception**

Saturday, September 26

- 8:30am **Welcome to the 2026 CALTCM Summit for Excellence**
- 8:35am **Medical Updates: New Guidelines;** *Eric Widera, MD*
- 9:35am **The Geriatric Kidney: Nuances, Net Effects, and New Guidelines;** *Meenakshi Patel, MD , FACP, MMM, CMD*
- 10:35am **Accurate Diagnosis & Symptoms: Psychotropic Medication Use and How the new Form Affects Your Prescribing;** *Rebecca Ferrini, MD, MPH, CMD & Glen Xiong, MD, CMD*
- 11:20am **Presentation of the CALTCM Poster Session Awards**
- 11:35am **Lunch Break (45 Minutes): Product Theater (No CME)**
- 12:30pm **In-The-Trenches: Topics and Speakers**
    - **1.) Medical Updates; Speaker;** *Eric Widera, MD*
    - **2.) Psychotropic Medications & Consent;** *Rebecca Ferrini, MD, MPH, CMD*
    - **3.) How to Be an Expert Witness;** *Karl Steinberg, MD, CMD, HMDC, HEC-C*
    - **4.) Career Development in PALTC;** *Ashkan Javaheri, MD, CMD*
    - **5.) Behavioral Health;** *Glen Xiong, MD, CMD*
- 1:55pm **Closing Comments**
- 2:00pm **Adjourn**

REGISTRATION: 2026 CALTCM Summit for Excellence

OPTION 1: (RECOMMENDED)
For expedited processing, and immediate confirmation, please visit our website at www.caltcm.org to register for the 2026 CALTCM Summit for Excellence. Renew your membership or become a new member to instantly save on registration rates & dues.

OPTION 2: Mail completed registration form to the CALTCM Executive Office at the following address: PO Box 800371, Santa Clarita, CA 91380. Make checks payable to CALTCM.

OPTION 3: Fax completed registration form to (855) 793-2226 or call (888) 332-3299 Option 1 to register by phone. Phone lines are open Monday-Friday 8:00am - 5:00pm Pacific.

Registration Rates

CALTCM MEMBER RATES
- ☐ Individual Registration.....$595
- ☐ Facility Registration*.....$495

NON-MEMBER RATES
- ☐ Individual Registration.....$769
- ☐ Facility Registration*.....$599

- ☐ All Students & Fellows..... $95
- ☐ Thursday ONLY $200

ANNUAL MEMBERSHIP RATES
- ☐ Physicians.....~~$150~~ $120 - Save 20% Today
- ☐ Non-Physicians....~~$125~~ $100 - Save 20% Today
- ☐ Facility Membership** (3 members) $300

Amount Due
Membership Fee $_____
Registration Fee(s) $_____
Total Due $ _____

** Facility rates available to facilities sending 3+ attendees; attendees MUST register together, otherwise individual rates apply. **Facility membership includes membership for 3 persons (Medical Director, Administrator, and Director of Nursing); additional members can be added for $75.00 per person.*

Name (First, Middle Initial, Last) and Degree(s)

Organization/Affiliation | Mailing Address

E-Mail Address (Required) | Daytime Phone Number

VISA/Mastercard/Discover/American Express | Expiration Date (MM/YY) | CVC

Name as it appears on card

LOCATION & HOTEL ACCOMMODATIONS:

Paradise Point, 1404 Vacation Road, San Diego, CA 92109

A special conference rate of $279, per night for single or double occupancy, plus applicable taxes and fees is available to program participants. To reserve your room please visit CALTCM's website or call reservations at 800-344-2626 - please note that the group rate is based on availability only - the hotel cut-off date is August 31. Identify yourself as a participant of the 2026 CALTCM Summit for Excellence to receive this special conference rate. Reservations in the group room block are subject to rate and space availability.