



50th ANNUAL MEETING

CALTCM
California Association of Long Term Care Medicine

CALTCM *Summit for Excellence*

Gala: September 26

Meeting: September 27 & 28

Bringing together healthcare professionals, policymakers, and innovators dedicated to advancing PALTC.

Earn over 17 hours of continuing education credits, please see the accreditation statement for complete details.

CALTCM Summit for Excellence:

PROGRAM INTRODUCTION

We are proud to introduce you to CALTCM's 50th Annual Meeting. This milestone event brings together healthcare professionals, policymakers, and innovators dedicated to advancing the field of post-acute and long-term care (PALTC). We are excited to present a comprehensive program designed to provide valuable insights, foster meaningful discussions, and inspire innovations and best practices in the care of our aging population.

This year's program has been designed to provide flexibility with a blended learning program which includes 10 hours of live, in-person sessions for interactive and engaging learning experiences, complemented by 8 hours of asynchronous content. Whether you prefer the dynamic environment of in-person classes or the flexibility of online learning, this program is tailored to meet your educational needs and fit into your busy schedule while giving you the opportunity to recharge. (Please visit our accreditation page for complete details.) We look forward to having you join us for a unique experience that balances professional growth with personal self-care and relaxation in one of California's most picturesque locations.

LEARNING OBJECTIVES

By participating in the annual meeting, participants should be able to:

1. Define concepts, methods, and best practices to incorporate and/or improve person-centered care in the post-acute and long-term care (PALTC) setting;
2. Identify treatment updates related to common medical diagnoses and medications prescribed in PALTC communities;
3. Characterize trends in medicolegal and regulatory actions, and implement practices to improve quality of care while appropriately recognizing and managing current and future risks;
4. Describe state and federal policy and regulatory updates and common clinical and regulatory issues faced by PALTC practitioners.

TARGET AUDIENCE

Physicians, advanced practice nurses, gero-psychiatrists, pharmacists, licensed nurses, administrators, and other members of the interdisciplinary team who care for patients and residents in post acute and long term care.

ABOUT CALTCM'S 50TH ANNIVERSARY GALA - THURSDAY, SEPTEMBER 26

Thanks to supporters like you, CALTCM has made a difference in the PALTC community for 50 years! We'd like to invite you to join us as we raise a glass to celebrate.

- Location: Meritage Resort & Spa's Estate Cave.
- Tickets: Available to everyone: CALTCM Friends & Family, annual meeting attendees, guests, and all CALTCM supporters.
 - Add your tickets during registration or purchase individually.
 - VIP and general admission tickets available.
- Join: CALTCM Past-Presidents, Board of Directors, Members, and CALTCM Friends and Family.
- Attire: Elegant Evening



REASONS TO ATTEND

CALTCM's Annual Meeting focuses on getting the right professionals engaged in the right conversations that help post-acute and long-term care professionals:

- Stay current on best practices to be the driver of quality, patient safety and person-centered care,
- Keep ahead of compliance needs across the continuum of care,
- Learn ways to recruit for and optimize performance of their interdisciplinary teams, and
- Engage in dialogue related to risk management and overall corporate strategy.

LOCATION: Meritage Resort & Spa: 875 Bordeaux Way, Napa, CA 94558

A special conference rate of \$349* per night for single or double occupancy plus applicable taxes is available to program participants. Room block is on a first come, first served basis. To reserve your room, please click [here](#) to reserve online or call Hotel Reservations at (888) 965-7090. Identify yourself as a participant of the California Association of Long-Term Care Medicine 2024 CALTCM Summit for Excellence to receive this special conference rate. The reservation deadline is Friday, August 30, 2024.

- Reservations in the group room block are subject to rate and space availability. Group rate is honored three days before and after the main arrival/departure dates based on availability. Please review the hotel cancellation policy prior to making your reservation. It is your responsibility to understand the policy and be accountable for any fees that may be incurred.

PARKING INFORMATION: (Parking is not included in the registration fee.)

- Day Parking Rates: Complimentary
- Overnight Parking Rates: Self-Parking \$10.00 / Valet \$20.00 per vehicle/per night

***Additional Fees:**

- Gratuities: There will be a mandatory \$5.00 per room/per night housekeeping gratuity applied to all individual folios.
- Resort Fee: A daily resort fee will be applied per night of your stay. The Meritage is offering a discounted resort fee of \$25.00 per night, plus tax. The resort fee includes:
 - One Bottle of Signature wine;
 - High speed WiFi;
 - 24-hour fitness studio access;
 - In-room coffee and tea;
 - Fax and local calls;
 - Daily electronic newspaper via PressReader.

FRIDAY, SEPTEMBER 27
PROGRAM AGENDA

- 7:30 AM Registration/Exhibits Open
- 9:00 AM Welcome & Introductions
- 9:15 AM Dusting off Your Crystal Ball: Prognostication In Long Term Care; Speaker: Eric Widera, MD
- 10:45 AM Break/Exhibits
- 11:15 AM Best Practices in PALTC: Discovering the Latest Trends & Innovations; Speaker: Rebecca Ferrini, MD, MPH, CMD
- 11:45 AM Where Do I Start? Behavioral Health Needs Assessment and Support; Speaker: Jacob Berelowitz, LNHA, LMSW, CPHQ, CCM
- 12:30 PM Lunch Break/Exhibits
- 12:40 PM Product Theater: (No CME) Lunch Break (45 Minutes)
- 1:45 PM 2024 Infection Prevention & Control Updates; Speaker: Dolly Greene, RN, BSN, CIC
- 2:15 PM CDPH Wrap Session; Speaker: Cassie Dunham
- 2:45 PM California Regulatory Updates; Speaker: Michael R. Wasserman, MD, CMD
- 3:10 PM Break/Exhibits
- 3:40 PM Federal Regulatory Updates; Speaker: Alex Bardakh, MPP
- 4:25 PM In-The-Trenches: Topics and Speakers (Led by Program Faculty)
1. Complex Cases: Common Conditions in PALTC
 2. When Their Pain Becomes Your Pain
 3. Ask the Expert: What's Happening in Washington
 4. Advocacy in CA and Beyond
 5. What's Bugging Your Facility?
 6. Behavioral Health in LTC
- 5:30 PM CALTCM Update; Speaker: Faculty & CALTCM Officers
- 5:45 PM Poster Session: & Cocktail Reception
- 6:45 PM Adjourn

SATURDAY, SEPTEMBER 28
PROGRAM AGENDA

- 8:00 AM Exhibits Open
- 9:00 AM Welcome & Introductions
- 9:10 AM Topic: The Age of Artificial Intelligence (AI)
Speaker: Emily Do, PharmD
- 10:00 AM Break
- 10:30 AM The Critical Role of Documentation in Mitigating
Litigation Risks: A Legal Perspective; Moderator: Karl
Steinberg, MD, CMD, HMDC, HEC-C; Legal Team: Lesley
Ann Clement, Esq., and Reuben B. Jacobson, Esq.
- 11:30 AM Introduction to Expert Consultation & Testimony; Moderator:
Karl Steinberg, MD, CMD, HMDC, HEC-C; Legal Team:
Lesley Ann Clement, Esq., & Reuben B. Jacobson, Esq.
- 12:00 PM Who Makes the Decisions? End of Life & POLST
Speaker: Jennifer Moore Ballentine, MA
- 12:25 PM Presentation of the CALTCM Poster Session Awards
- 12:35 PM Applying the Pearls from the 2024 CALTCM
Summit for Excellence Interactive Session
Facilitator: Rebecca Ferrini, MD, MPH, CMD
- 12:55 PM Closing Comments
- 1:00 PM Adjourn

WATCH PRE OR POST SUMMIT ON DEMAND CONTENT

1. Advocating for the Underserved of California: An Undeveloped Skill in Healthcare; Speaker: Noah Marco, MD, CMD
2. The Critical Role of Geriatric Medicine and LTC: Addressing the Paradoxical Challenges in our Current Healthcare System; Speaker: Kourosch A.P. Moshiri, MHA, MD, CMD, HMDC, FACP, FACCWS, AGSF
3. Congestive Heart Failure: A 2024 Update; Speaker: Meenakshi Patel, MD, FACP, MMM, CMD
4. Diabetes: A Clinical Update; Speaker: Mai K. Nguyen, PharmD, APh, BCPP
5. Managing with Mental Health in Mind: Key Strategies for Organizations and Managers to Support Employee Well-Being; Speaker: Jennifer Birdsall, Ph.D.
6. New Drugs: A 2024 Update; Speaker: Aida Oganessian, PharmD, BCGP, APh
7. Psychiatric Manifestations of Medical Disorders; Speakers: George Woods, MD, LFAPA and Glen Xiong, MD, CMD
8. Strategies for Managing Anxiety; Speaker: Jennifer Birdsall, Ph.D.
9. Surrogate Decision Making and POLST: A Practical and Ethical Framework for Facilities; Speaker: Jennifer Moore Ballentine, MA
10. Transinstitutionalization, SMI, Overlap with Dementia; Speakers: George Woods, MD, LFAPA, Glen Xiong, MD, CMD, and Patricia Blum, PhD, CPRP
11. Trauma Informed Care; Speakers: Jennifer Birdsall, Ph.D. and Rebecca Ferrini, MD, MPH, CMD

ACCREDITATION STATEMENTS: 2024 CALTCM SUMMIT FOR EXCELLENCE

Continuing Medical Education (CME)

California Association of Long Term Care Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The California Association of Long Term Care Medicine designates this Blended Learning activity for a maximum of *18.00 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Board of Post-Acute and Long-Term Care Medicine (ABPLM)

- **Live Program:** This CME activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a **total of 6.5 management hours and 3.25 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.
- **On Demand:** This CME activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a **total of 3.25 management hours and 4.5 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

American Board of Internal Medicine MOC Statement

Successful completion of this activity enables the participant to **earn 18.00 Practice Assessment points** [patient safety, medical knowledge, MOC credit] in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the sponsor's responsibility to submit participant completion information to ABIM for the purpose of granting the MOC points.



Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by the California Board of Registered Nursing (Provider #CEP-16690). This activity has been approved for up to 18.0 contact hours.

National Association of Long Term Care Administrator Boards (NAB)

- **Live Program:** This program has been approved for Continuing Education for 10 total participant hours by NAB/NCERS—Approval #20250926-10-A105085-IN.
- **On-Demand Program:** This program has been approved for Continuing Education for 8.75 total participant hours by NAB/NCERS—Approval 20250915-8.75-A105249-DL.

California Business & Professions Codes

This course meets multiple requirements of the California Business and Professions Codes 2190–2196.5 for physician CME, including cultural competency and implicit bias.

Updated 8/26/2024.

PROGRAM FACULTY

Our faculty is composed of a distinguished group of physicians, nurses, nurse practitioners, pharmacists, academicians, and other experts who will present topics highlighting new evidence-based care as well as care processes and procedures aimed at enhancing safe patient care practices in the long term care setting.

Alex Bardakh, MPP, PLC; Director of Public Policy and Advocacy; Post-Acute and Long-Term Care Medical Association (PALTmed formerly AMDA)

Jacob Berelowitz, LNHA, LMSW, CPHQ, CCM; Program Director Center of Excellence for Behavioral Health in Nursing Facilities (COE-NF)

Jennifer Birdsall, PhD, ABPP; Clinical Director, ComPsych Corporation

Lesley Ann Clement, Esq.; Clement Law

Emily Do, PharmD, JD, MBA; Chief Pharmacy Officer, County of San Diego

Cassie Dunham; Deputy Director, Center for Health Care Quality, California Department of Public Health

Rebecca Ferrini, MD, MPH, CMD; Medical Director Edgemoor DP SNF, Behavioral Health Services; Health and Human Services Agency, County of San Diego, CA

Dolly Greene, RN, BSN, CIC; Co-owner of Infection Prevention & Control Resources

Ashkan Javaheri, MD, CMD; Geriatrician, Mercy Medical Group-Dignity Health Medical Foundation; Assistant Clinical Professor at UC Davis School of Medicine

Noachim Steve Marco, MD, CMD; Chief Medical Officer, Los Angeles Jewish Health; Executive Director of Brandman Research Institute; Medical Director of IPA, LAJH Medical Associates

Jennifer Moore Ballentine, MA; CEO of the Coalition for Compassionate Care of California

Kourosh A.P. Moshiri, MD, EMHA, FACP, AGSF, CMD, HMDC, FACCWS; Internal Medicine Section Chief, Eisenhower Medical Center; Associate Medical Director, Eisenhower Geriatric Medicine Fellowship Program; Medical Director, Desert Mountain Care Center Associate Clinical Professor, UCR, School of Medicine

Aida Oganessian, PharmD, BCGP, APH Director of Pharmacy, Los Angeles Jewish Home; Reseda, CA

Karl E. Steinberg, MD, CMD, HMDC, HEC-C; Past-President of PALTmed formerly AMDA); CALTCM BOD member; Chief Medical Officer of Mariner Health Care & Beecan Health; San Diego, CA

Michael Wasserman, MD, CMD; Retired Geriatrician; CALTCM Past-President; Los Angeles, CA

George Woods, MD, LFAPA; 2018 Distinguished Alumni Award; University of Utah Medical Center

Eric Widera, MD; Professor of Medicine and clinician-educator in the Division of Geriatrics at the University of California San Francisco (UCSF); Director of the Hospice & Palliative Care Service at SF VA Medical Center; Co-founder of GeriPal, a Geriatrics and Palliative Care Blog and Podcast

Glenn Xiong, MD, CMD; Board-certified in Psychiatry, Internal Medicine, and Post-Acute and Long-term Care (PALTC) Medicine, Voluntary Clinical Professor at UC Davis

50th ANNUAL MEETING

September 27 & 28, 2024



REGISTRATION

OPTION 1 (RECOMMENDED):

For expedited processing and immediate confirmation, please visit our convenient and secure website at www.caltcm.org to register for the 2024 CALTCM Summit for Excellence today. For ease, please find the following direct registration link to reserve your seat today: <https://caltcm.memberclicks.net/2024caltcmsummit> Renew your membership or become a new member to instantly save on registration rates.

OPTION 2: Mail completed registration form to the CALTCM Executive Office at the following address: PO Box 800371, Santa Clarita, CA 91380. Make checks payable to CALTCM.

OPTION 3: Fax completed registration form to (855) 793-2226 or call (888) 332-3299 Option 1 to register by phone. Phone lines are open Monday-Friday 8:00am - 5:00pm Pacific.

50TH ANNUAL MEETING REGISTRATION: SEPTEMBER 27 - 28, 2024

CALTCM MEMBER RATES

- Individual Registration (SAVE \$100)\$549
- Facility Registration* (SAVE \$130)\$349

NON-MEMBER RATES

- Individual Registration.....\$649
- Facility Registration*.....\$449

* Available to facilities sending three+ attendees; facility attendees MUST register together, otherwise individual rates apply. Fellow & Student (All Disciplines) rate: \$95. CNA Rate: \$25.

Sign Me Up: I want to become a CALTCM Member today and save! YES NO

CALTCM ANNUAL MEMBERSHIP RATES - SAVE 20% OFF INDIVIDUAL ANNUAL DUES

- | | | | |
|---|-------|---------------------|----------|
| <input type="checkbox"/> Physician\$150 | \$120 | Subtotal | |
| <input type="checkbox"/> Clinical Affiliate.....\$125 | \$100 | Membership Fee | \$ _____ |
| <input type="checkbox"/> Retired Physician / Students.....\$100 | \$80 | Registration Fee(s) | \$ _____ |
| <input type="checkbox"/> Facility Rate** | \$300 | TOTAL AMOUNT DUE: | \$ _____ |

** Facility rate includes membership for three (3) individuals: Suggested members: Medical Director and two facility personnel. Additional members may be added at \$75 each. Each individual must complete a separate membership form.

Name (First, Middle Initial, Last) Degree(s) Organization/Affiliation

Address City State ZIP Code

Daytime Phone Number FAX Number E-Mail Address (Required)

VISA/Mastercard/Discover/American Express Expiration Date (MM/YY) / CVC

Name as it appears on card (Print clearly) Authorization Signature