

Resident History and Profile and Who am I

It is important to get as much background and history about all the resident's we work with. Aiming to see a person as an individual, rather than focus on their illness or behaviors they exhibit, is the quality path to person centered care. Person-centered care considers the whole person, taking into account each individual's history/past, likes, dislikes, preferences, and needs.

These two tools can be an easy and beneficial way to provide person-centered care.

Resident History and Profile

1. Give this tool to family/loved ones upon the admission of the resident to your facility. It can be distributed through the admission packet, physically handed to the family/loved one, and/or mailed to them.
2. Once the form is completed and returned, the IDT should schedule a meeting to review the information. Can be integrated with care-plan/IDT meeting process.
3. The IDT should discuss how the information can be utilized and implemented into the plan of care.
4. Complete the "Who Am I" form with personalized information about the resident.

Who Am I

1. The IDT will utilize the information from the completed Resident History/Profile to complete all areas of the "Who Am I Form".
2. The IDT will then determine the best method to communicate this information to all facility staff.
3. All facility staff must be trained on where to find this information and how to utilize with their role in caring for the resident.
4. Ideas for communication of resident information to the staff
 - Post inside the closet of the resident in their room
 - Put information in Care Tracker System
 - Put in "Get to know me" binder at Nurses Station

****Here is a good idea to ensure staff is reviewing information provided**

1. Train staff where the "Who Am I" information is located and encourage staff to read the personalized information about each resident.
2. Have DSD periodically ask staff to tell them one thing about their resident from "Who Am I" form". If the staff can give one personal fact about the resident they will receive a raffle ticket.
3. At end of month the facility can have a raffle to reward the people who have earned tickets from knowing more about who they are caring for.