

CAPTA: Resident Preferences and Motivation for Using the Toilet

Pre-Trial Interview

Directions: Ask the resident the following questions *before* the start of a toileting trial. If after attempting the interview, the resident cannot complete the questions, he or she *should still undergo the toileting trial*.

Interviewer: *"I want to ask you some questions about help with using the toilet."*

1. Does it bother you to use your brief? ___**yes** ___no ___ DK/NR/RE
2. Do staff help you to the toilet as much as you would like? ___yes ___**no** ___ DK/NR/REF
3. Do you want to be helped to the bathroom more often? ___**yes** ___no ___ DK/NR/REF
3a. **If no, ask:** Do you want to be helped to the toilet less often? ___yes ___no ___ DK/NR/REF
4. Do you want to be changed more often? ___**yes** ___no ___ DK/NR/REF
4a. **If no, ask:** Do you want to be changed less often? ___yes ___no ___ DK/NR/REF

Scoring: Answers in **bold** indicate a preference and motivation to use the toilet.

Number of bolded answers (out of 4 possible):

Post-Trial Interview

Directions: *Immediately following* the toileting trial, ask the resident the following questions.

Interviewer: *"I want to ask you some questions about help with using the toilet."*

1. Does it bother you to use your brief? ___**yes** ___no ___ DK/NR/RE
2. Do staff help you to the toilet as much as you would like? ___yes ___**no** ___ DK/NR/REF
3. Do you want to be helped to the bathroom more often? ___**yes** ___no ___ DK/NR/REF
3a. **If no, ask:** Do you want to be helped to the toilet less often? ___yes ___no ___ DK/NR/REF
4. Do you want to be changed more often? ___**yes** ___no ___ DK/NR/REF
4a. **If no, ask:** Do you want to be changed less often? ___yes ___no ___ DK/NR/REF
5. Do you like the amount of changing and toileting assistance you have received in the last 3 days?
 ___**yes** ___no ___ DK/NR/REF

Scoring: Answers in **bold** indicate a preference and motivation to use the toileting.

Number of bolded answers for items 1-4:

Interpretation: Use your professional knowledge and experience to interpret assessment results. Some guidelines:

- The more bolded answers given, the higher the resident's motivation and preference to use the toilet. Be aware that not all residents want to use the toilet.
- An increase in bolded answers to items 1-4 from pre- to post-trial suggests the resident became more motivated and exhibited a greater preference for toileting assistance/prompted voiding. A decrease signals a drop in motivation and preference.
- A "yes" response to Item 5 indicates a preference for toileting assistance; a "no" response indicates the opposite.