

University of Southern California
Davis School of Gerontology

INFORMATION/FACTS SHEET FOR NON-MEDICAL RESEARCH

Choice and Preference Toileting Assistance (CAPTA) Course

PURPOSE OF THE STUDY

The purpose of the study is to improve incontinence care for nursing home residents by administering a e coaching/education course that guides nursing home staff through the implementation of an evidence-base toileting trial in their facilities. The study will also evaluate the feasibility of using distance coaching methods to educate and train nurse home staff. Toileting trials are brief, typically 3-day assessments during which nursing home staff attempt to assist incontinent residents to the toilet every 2 hours. Toileting trials are considered one of the best predictors of which residents will stay drier if provided with regular toileting assistance. They are now widely recommended, for they have clinical value for individualizing care and allow nursing homes to target ongoing assistance to residents most likely to benefit. Despite their utility, studies show that NHs rarely implement valid toileting trials. Presently there is little guidance to show them how.

PARTICIPANT INVOLVEMENT

If you agree to participate, you and other staff members from nursing homes in California will meet with this project's staff via weekly teleconferences to learn about and discuss procedures for implementing evidence-based toileting trials, with the intent that your nursing home's staff will begin to implement such toileting trials. Unlimited staff members from your facility may participate in these teleconferences if a speaker phone is used.

We will meet seven times via interactive teleconferences, starting in late August, 2012, and each teleconference, to be held once a week, will last about 40 minutes. The teleconferences generally will be held on the same day and time each week. The exact day and time will be determined based on the majority preference of enrolled nursing homes.

Following each teleconference, we will recommend an implementation assignment, which will require staff in your nursing home to apply what has just been taught. These team or facility assignments are expected to take from a half-hour to 1-1/2 hours per week to complete. Assignments include, for example, interviewing 1-5 residents to determine their preferences for toileting assistance, conducting a three-day toileting trial in keeping with nursing home regulatory guidelines, and analyzing results from completed toileting trials. Through these

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assignments, you and/or other staff participants in your nursing home will begin to implement evidence-based toileting trials step-by-step with incontinent residents. We will ask that your nursing home scan and email, submit online, or fax de-identified assessment results from these assignments to Principal Investigator Anna Rahman. Please note: We ask that only anonymous assessment results be submitted. We will present and discuss selected assignment results in up to four teleconferences for instructional purposes only. No details that could identify particular residents, staff members, or nursing homes will be presented.

We will audio-record the teleconferences and post them to the project website so that you, other participants, and other nursing home educator groups can use the recordings for training purposes. The principal investigator will mute, or instruct all participants to mute, all phones prior to the start of each teleconference, so comments from participants will not be inadvertently recorded. She also will encourage the use of only first names in discussions and question-and-answer sessions. You may participate in these discussions without identifying yourself.

In order to evaluate the training you receive, we will ask you and other staff members who regularly attend the course teleconferences to take a pre-/post-training quiz and complete a course evaluation. We also ask that a designated course “champion” at your nursing home complete a final survey on behalf of your facility. We encourage you to negotiate with your supervisor for time during the workday for you to complete the implementation assignments and course evaluation activities. Licensed nursing staff who attend all the teleconferences and complete the course evaluation will receive 5 contact hours of continuing education from an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

As noted earlier, we expect that you and other staff in your facility will attempt to implement the recommended toileting trial procedure in your facility during the course of this project. Whether and how you and/or your facility implements the program will be left to your discretion; however, we will offer training, recommendations, and sample forms to help guide implementation of the trials. In addition, Principal Investigator Anna Rahman will follow-up with a designated liaison supervisor at your nursing home by phone three times during this project to offer assistance and answer any questions the staff might have. We also will create a members-only Yahoo! discussion group so that course participants can share experiences and offer each other assistance. Only project staff and enrolled nursing home staff and educators will be members of this online group. You can un-subscribe from the group at any time by following directions on the Yahoo! group’s web page.

In order to participate in this project, you must have access during your work day to an Internet-connected computer and an email account. Individuals age 18 or younger are ineligible to participate.

Date of Preparation: February 29, 2012

IDIR#:

PAYMENT/COMPENSATION FOR PARTICIPATION

Nurses who complete the course are eligible to receive continuing education credits for their participation. Credits will be pro-rated based on attendance at the teleconferences and completion of the course evaluation. A maximum total of 5 credit hours will be awarded for attendance at all 7 teleconferences and completion of the course evaluation. Nurses need not respond to all evaluation items to receive credit.

CONFIDENTIALITY

There will be no identifiable information obtained in connection with this study other than names on pre-/post-training quizzes, for the purpose of linking the two quizzes. Upon receipt, quizzes will be coded to link the data to subjects. Respondents may choose to omit their names and use instead a code that they create to link their quizzes.

The members of the research team and the University of Southern California's Human Subjects Protection Program (HSPP) may access the data.

The HSPP reviews and monitors research studies to protect the rights and welfare of research subjects.

INVESTIGATOR CONTACT INFORMATION

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IRB CONTACT INFORMATION

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